

Boundaries		
List down key Boundaries for each of your 3 lives. Write what is OK, and what is NOT OK.	Business: 1. 2. 3. Family: 1. 2. 3. Me: 1. 2. 3.	
Top 5 Life Roles		
List down your Top 5 Life Roles in priority order. Remember, these are lives you commit to dedicate your exclusive focus.	1. 2. 3. 4. 5.	
Commit to Trade-offs – key stakeholders' alignment		
List down key stakeholders with whom you need to align your 3 lives choices, either coming from your defined boundaries or your top 5 life roles. Specify what exactly you plan to align on.	Stakeholder and alignment to make: 1. Alignment on: 2. Alignment on: 3. Alignment on: 4. Alignment on: 5. Alignment on:	
ACTIONS		
What	Who	Due date
1.		
2.		
3.		
4.		
5.		