Identity – 3Lives Success

Identity Wheel	
1. Top marked traits that define you the most from your perspective and the perspective of others.	Your perspective: 1. 2. 3. Perspective of other: 1. 2. 3.
2. VIA Assessment: list top 3 signature strengths which you picked out of your signature ones (top 5) and 1 strength out of bottom 5.	Top 3 (out of 5) signature strengths 1. 2. 3. Bottom 1 (out of 5) strengths: 1.
3. Your personal findings and related feelings based on Identity Wheel, VIA and DISC assessments	Write down your key findings: Describe emotions associated with it:

Ideal Self Visualization
Document your Ideal Self Visualization in detail. Describe emotions and feelings you experienced.

ACTIONS		
What	Who	Due date
1. 2. 3.		

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